

☐ 3 YR. INITIAL FOLLOW UP FROM NORMAL BMD

☐ 5 YR. SUBSEQUENT FOLLOW-UP FROM NORMAL BMDS

□ BREAST ULTRASOUND □□□□□



CARDIOVASCULAR

GENERAL

☐ ECHOCARDIOGRAM

☐ HOLTER MONITOR (48 hrs)



PLEASE ARRIVE 10 MINUTES EARLY FOR YOUR APPOINTMENT AND BRING YOUR HEALTH CARD AS WELL AS THIS FORM TO YOUR APPOINTMENT

Please provide 24 hours advance notice if you are unable to keep this appointment. Missed appointments may be subject to a non-refundable fee.

OTHER EXAMS: No preparation required

ULTRASOUND PREPARATIONS

ABDOMEN

 Do not eat or drink anything for 6 hours prior to examination.

ABDOMEN/PELVIS

- Do not eat or drink anything for 6 hours prior to examination.
- One hour prior to the examination, finish drinking 4 8oz. of water. DO NOT EMPTY YOUR BLADDER.

KIDNEY & BLADDER

 Finish drinking 4-8 oz (750 ml) of water 1 hour before examination.
 DO NOT EMPTY YOUR BLADDER.

OBSTETRICAL (PREGNANCY) OR PELVIS

 One hour prior to the examination, finish drinking 4 8oz. of water. DO NOT EMPTY YOUR BLADDER. A full bladder is necessary for the examination.

G.I. PREPARATIONS

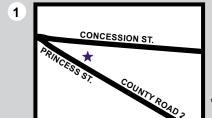
UPPER G.I. SERIES / BARIUM SWALLOW

- Nothing to eat or drink after midnight, the evening prior to examination
- · No Breakfast, No Water, No Gum, No Candy

BONE DENSITOMETRY

• DO NOT TAKE CALCIUM SUPPLEMENTS WITHIN 24 HOURS. APPOINTMENT SHOULD NOT BE BOOKED WITHIN 2 WEEKS OF HAVING ANY X-RAY EXAMS INVOLVING CONTRAST AGENTS OR HAVING A NUCLEAR MEDICINE APPOINTMENT.

PLEASE WEAR SOMETHING WITHOUT METAL, BUTTONS OR ZIPPERS.



KINGSTON

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We are located on the North Side of Princess Street, between Pam's Flowers and Giant Tiger

LEGEND:

X-Ray [X], Ultrasound [U/S], Vascular Ultrasound [V], Mammo [M], BMD, Fluoros [F]

"Disclaimer: This requisition form can be taken to any licensed facility providing health care services including hospitals and IHFs, such as those listed on the IHF website.

NOTES:

^{**} Diabetic patients: if on insulin, please consult your doctor for appropriate dosage.